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C-REACTIVE PROTEIN IN AUTOLOGOUS STEM CELL TRANSPLANTATION: PREDICTION OF CLINICAL COMPLICATION

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Running title: C-REACTIVE IN AUTOLOGOUS TRANSPLANTATION

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ABSTRACT

Objective: The aim of this study was to evaluate C-reactive protein (CRP) as a predictor of complications during autologous stem cell transplant (HSCT). **Methods:** We analyzed a cohort of 340 transplants. Correlation analyses were performed, including CRP obtained before HSCT, on Day+3, Day+6, Day+9, after Day+11, and at the onset of febrile neutropenia, and the following outcomes: bacteremia, severity of mucositis, length of neutropenia and hospitalization, and death. **Results:** the median age was 54 years old (ranging from 20 to 75), and 62% and 20% were multiple myeloma and non-Hodgkin lymphoma cases, respectively. The median CRP levels increased from D+3 to D+9 and after that decreased progressively until discharge. CRP levels were associated with bacteremia, mucositis grade, length of neutropenia and hospitalization, and death. Variation in CRP values from D+3 to D+6 predicted complications. Mortality was associated with D+9 CRP levels (19 vs. 7.9 mg/dL; $p < 0.01$), and a ROC curve area of 0.83 (95% CI 0.7 – 0.95) to predict mortality. At a cut-off of 8.5mg/dL, D+9 CRP had 83% and 79% sensitivity and specificity, respectively.

Conclusions: In this study, CRP dynamics were associated with several HSCT complications. CRP levels curve could be applied to indicate poor outcomes during HSCT.

Keywords: autologous stem cell transplant; complication; febrile neutropenia; C-reactive protein

INTRODUCTION

Hematopoietic stem cell transplant (HSCT) is an essential and potentially curative treatment option for several malignant hematological disorders. It is considered standard of care for multiple myeloma patients and rescue therapy in relapsed lymphoma patients. Although HSCT has been considered a safety procedure compared to other types of transplant, multicenter cohorts had reported the mortality related to this procedure to be around 2- 5%¹. The most prevalent cause of death is related to infection episodes, mainly bacterial sepsis during neutropenia^{2,3}. Mucositis is another frequent and sometimes severe complication of HSCT conditioning chemotherapy.

Although mucositis is not commonly directly related to mortality, the severity of mucosal damage is a significant risk factor for infection, bleeding and contributes for prolonged hospitalization length, higher costs and worst quality of life^{4,5}.

Some serum biomarkers, such as procalcitonin, IL-6, and C-reactive protein (CRP) have been applied in order to early identify potential clinical complications and to guide medical staff to intensify clinical support for those in high-risk. Their impact in predicting outcomes was validated in critical care patients, and

neutropenic patients⁶⁻⁸. Also, C-reactive protein is a widely used biomarker, and considered a low-cost exam.

In this study, we describe the dynamics of CRP during HSCT and its correlation with pre-transplant characteristics, and infectious and non-infectious clinical outcomes.

METHODS

This observational study was conducted in two centers (Hospital Universitário Clementino Fraga Filho [HUCFF], Federal University of Rio de Janeiro, Brazil, and Complexo Hospitalar de Niteroi [CHN]. HUCFF is a tertiary care hospital with 200 beds, including a hematology and hematopoietic cell transplant (HSCT) unit with eight single-bed rooms equipped with high-efficiency particulate air (HEPA) filter and positive pressure, and five double-bed rooms without HEPA filter. CHN is a tertiary care hospital with ~400 beds, including a hematology and hematopoietic cell transplant (HCT) unit with eight single-bed rooms equipped with HEPA filter and positive pressure, and 12 single-bed rooms without HEPA filter. Both institutions' Ethical Committees approved this study ("Comitê de Ética em Pesquisa do Hospital Universitário Clementino Fraga Filho" and "ProCEP – Comitê de ética em Pesquisa da ESHO Empresa de Serviços Hospitalares – Hospital Pro-Cardiaco"). All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2008.

For this analysis, we selected all patients admitted between 2012 and 2016 who fulfilled the following criteria: a) high dose chemotherapy for HSCT conditioning; b) at least two measures of CRP performed during the HSCT hospitalization period; and c) at least 18 years old. Patients were included more than once when submitted to a second HSCT during the period of enrollment. Patients were followed from the conditioning period until discharge after engraftment or death. The cohort was described regarding demographic characteristics (age, gender), underlying disease and type of conditioning regimen. The following clinical outcomes were analyzed: 1) bacteremia, 2) severe mucositis (by the Common Toxicity Criteria of National Cancer Institute World Health Organization), 3) length of neutropenia 4) length of hospitalization, and 5) death. All data were collected prospectively, as part of an extensive database of stem cell transplant recipients.

Neutropenia was defined as an absolute neutrophil count (ANC) <500/mm³, and Bone marrow recovery as at least two consecutive ANC >500/mm³, obtained on two different days. Grade 3 or 4 were considered severe mucositis. Fever was defined as an axillary temperature ≥38.0 C. In the case of fever during neutropenia (febrile neutropenia), blood cultures were drawn, and the patients were immediately started on intravenous (IV) Cefepime unless a previous episode of febrile neutropenia documented a Cefepime-resistant Gram-negative organism. In this case, a carbapenem (imipenem or meropenem) was started. Blood cultures were repeated if the fever persisted, recurred, or as clinically indicated. Modifications in the empirical antibiotic regimen were performed according to cultures' results and the patient's clinical course. Additionally, febrile neutropenia episodes were defined as fever of unknown origin (FUO), bacteremia, microbiologically documented infection without bacteremia, or clinically documented infection. Bacteremia was defined as presence of positive blood culture either with a single organism or polymicrobial infection. Microbiologically documented infection without bacteremia was defined as the presence of pathogen in fluid or tissue suspected to be involved with the infection. Clinically documented infection was when a site of infection was diagnosed by signs or radiological features (e.g., cellulitis, pneumonia) but no microbiological documentation was achieved.

CRP values were expressed in mg/dL, and the negative reference value by the manufacturer is was < 0.3mg/dL. As an observational study, CRP samples were drawn at the discretion of clinicians. For the present study, we analyzed CRP values collected in the following interval periods, related to the stem cell reinfusion ("D Zero"):

- before HSCT CRP: admission day until D-2
- D Zero CRP: D-1 until D+1
- D+3 CRP: D+2 until D+4
- D+6 CRP: D+5 until D+7
- D+9 CRP: D+8 until D+10
- After D+11 CRP: after D+11 until discharge

Finally, samples were drawn close to febrile neutropenia (FN CRP) and engraftment (engraftment CRP) were also included in the analysis.

CRP single values and the dynamic of values variation between interval periods were analyzed as outcomes' predictors. All statistical analyses were performed using the SPSS for Windows software (version 21.0.1, SPSS, Inc., USA). The Chi-square test was used to compare proportions, and the Mann-Whitney test

to compare continuous variables; Spearman test was used to correlation analyses, and Receiver Operating Characteristic (ROC) curve to define sensitivity and specificity values. P values <0.05 were considered statistically significant.

RESULTS

A total of 340 stem cell transplants were performed during the study period in 338 patients. Two patients had two HSCT performed. The median age of the group was 54 years old (ranging from 20 to 75), and 53% were male. Baseline diseases were more frequently Multiple Myeloma (62%), Non-Hodgkin Lymphoma (20%), and Hodgkin Lymphoma 17%. Three patients had other baseline diseases (Acute Myeloid Leukemia and germinative tumor in 1 and 2 cases, respectively). Demographic and clinical characteristics are shown in Table 1. Febrile neutropenia (FN) was documented in 299 (88%), and bacteremia in 80 cases (26,7% of FN). Severe mucositis was observed in 26% of patients. Seven patients from the cohort died during hospitalization (2%).

A total of 1761 CRP tests were included in the analyzes. The median samples collection per patient was 5, ranging from 2 to 7. At admission, 158 (66%) patients had CRP levels above the normal reference. The median level of Before HSCT CRP was 0.48mg/dL (ranging from <0.01 to 15), and decreased on D Zero (median 0.38md/dL) ($p<0.01$). (Table 2) In the post-transplant period, the median variation from D+3 to D+6 CRP was 3.23 mg/dL (- 7.6 – +31) which represented a fourfold increase, and only 11% of patients had a decrease in CRP values on this period. After D+9 and engraftment, there was a decrease in the CRP median ($p<0.01$). On discharge, CRP medians remained higher than on D Zero levels ($p<0.01$). (Figure 1)

Febrile neutropenia was documented in 299 transplant recipients. Only in one patient, FN CRP was not collected at the onset of FN. CRP levels at the onset of FN were higher in patients with documented bacteremia compared to others (5.5 vs. 2.69 mg/dL, respectively: $p=0.01$). When testing FN CRP to predict bacteremia using the ROC curve, the area under the curve (AUC) obtained was 0.63 (CI 95% 0.55 – 0.7), with no cut-off value with a reasonable sensitivity or specificity to be considered. Patients who developed bacteremia had statistically higher CRP levels at D+6, D+9, and D+11 than patients without bacteremia ($p<0.05$ for all).

Patients with severe mucositis had higher median CRP levels on D+6, D+ 9 and after D+11 ($p<0.05$ for

all). The best linear relationship between CRP and mucositis grade was obtained with the D+6 CRP ($r=0.4$; $p<0.01$). Median D+6 CRP in patients with severe mucositis was higher compared to those with grade 1 and 2 (14.9 and 2.9 mg/dl, respectively; $p<0.001$), and the AUC obtained was 0.76 (CI 95% 0.69 – 0.83).

Length of both neutropenia and hospitalization had statically significant correlations with D+3, D+6, D+9 and after D+11 CRPs. The stronger linear relation was obtained with the D+6 CRP ($r=0.39$; $p<0.001$ for both outcomes).

When comparing the CRP of patients that died with those discharged, there was an associated-on D+9 (19 vs. 7.9 mg/dL) and D+11 (14.5 vs. 3.4 mg/dL) CRP levels ($p<0.01$ for both). The D+9 CRP AUC was 0.83 (95% CI 0.7 – 0.95) to predict mortality (Figure 2), and a cut-off of 8.5mg/dL the D+9 CRP had 83% and 79% of sensitivity and specificity, respectively.

The CRP variation from D+3 to-D+6 was associated with bacteremia, severe mucositis, and length of neutropenia and hospitalization (p values < 0.01). Areas obtained by the ROC curve were similar to those reached with single point CRP values, for instance, CRP variation from d+3 to D+6 and FN CRP had both AUC of 0.62 to predict bacteremia. For severe mucositis, CRP variation from D+3 to D+6 and D+6 CRP had both AUC 0.7. Although the CRP variation from D+3 to D+6 was not statistically associated with mortality, in patients who died and were discharged it was 9.3 vs. 3.2 mg/dL ($p=0.62$), respectively.

DISCUSSION

Our study was intended to describe the correlation between the CRP absolute values and variations in its dynamic in patients undergoing HSCT, and to search for possible cut off values for prognostic outcomes. We found a correlation with a four-fold increase between the median variation of CRP from D+3 and D+6 and the outcomes of mucositis (grade 3 and 4), bacteremia, increased neutropenia duration, and more extended hospitalization. We also found a statistically significant correlation between the D+9 CRP and death (>8.5mg/dL with 83% and 79% respectively of sensitivity and specificity), but no reasonable cut off value on the ROC curve was noted.

Regarding preconditioning CRP values, we found no correlation with any outcomes we were studying. The literature has some confronting data over the CRP predicting capabilities when measured before HSCT. AKI et al. found, in a cohort of allogeneic transplan-

tation patients, that prior conditioning CRP values were associated with validating prognostic scores (HCT-CI, EBMT), and had a significant impact on overall survival⁶. CRP equal to or higher than 10mg/L (or 1.0 mg/dL) had a significant effect on overall survival, as well as serum ferritin and the HCT-CI risk score. Another study, by Andrew S. Artz et al., confirmed the previous results and suggested levels over than 0.367mg/dL as a threshold for transplant-related mortality⁹. In a study performed in lymphoma patients submitted to autologous stem cell transplant, CRP levels before HSCT had significant survival impact with special emphasis on disease status at the procedure¹⁰. In our data, including only autologous recipients, prior conditioning CRP was over 0.3mg/dL (or 3mg/L) in 66% of patients. A significant association with mortality was only observed considering later collected samples (D+9 and D+11 CRP sample). CRP collected on D+9 had the best performance to predict mortality. Considering 8.5mg/dL (or 85mg/L) as a cutoff, CRP on D+9 had sensitivity and specificity of 83% and 79% respectively. This threshold is very higher than those described by Aki and Artz in allogeneic patients^{6,9}.

Regarding febrile neutropenia and bacteremia, despite a significant difference between CRP values of patients with and without bacteremia, no cut off value had a good performance to predict the outcome. The same results were observed for severe grades of mucositis. The role of systemic inflammatory markers in febrile neutropenia was addressed in several studies¹¹⁻¹⁴, with conflicting results. These studies demonstrated that, although CRP levels were higher in patients with complicated febrile neutropenia episodes than non-complicated episodes, there were better markers to be applied, such as procalcitonin (PCT), presepsin, and others. A meta-analysis reported by Wu et cols¹⁵, concluded that PCT was a highly specific but less sensitive marker of bacterial infection in patients with FN, while CRP was a highly sensitive but less specific marker for bacterial infection. In a study by Karin SR Massaro et al. [14], CRP was compared to procalcitonin (PCT) in febrile neutropenic patients, and PCT levels had a better association with severe infection than CRP concentration to distinguish presence and absence of disseminated infection, but neither biomarkers had an association with mortality. In another study including febrile neutropenia patients, CRP was combined to MASCC risk index to predict the risk of death within 30 days¹⁶. The combination of the inflammatory parameter (cut-off of 15mg/dL) and the clinical index successfully identified patients with a

high risk of death. In a more recent study including only stem cell transplant recipients, Igor Stoma et al.¹⁷ showed that CRP samples collected 4-hour after the onset of febrile neutropenia were significantly associated with Gram-negative bacteremia. The optimal cut-off value of 16.5mg/dL had an average diagnostic value (AUC:0.71) but a low sensitivity (40%). In this consideration they did not recommend CRP as a routinely biomarker for sepsis. In our study, CRP dynamic variation had interesting associations, with potential clinical applicability. We found a median increment of 3mg/dL from the D+3 to the D+6 CRP, and very few patients (~10%) had decrease in CRP values during this period. The D+3-D+6 variation had a significant correlation with several outcomes (bacteremia, mucositis, duration of neutropenia and hospitalization), but no prediction of mortality. In our data, the CRP variation from D+3 to the CRP from the onset of febrile had no significant association to the development of bacteremia.

The use of antibacterial prophylaxis with quinolones was decided at the discretion of the clinicians. To overcome this limitation, we performed a complementary analysis that revealed no difference in the FN CRP level in patients with or without antibacterial prophylaxis. ($p=0,946$). Quinolones prophylaxis had no association with occurrence of bacteremia ($p=0,165$) in this cohort.

This study has some limitations inherent to its retrospective design leading to some missing information from a small number of patients. Nevertheless, the data obtained was considered statistically sufficient to assume relations between the HSCT complications and the dynamic of CRP as pointed out.

The study successfully accessed the dynamic of CRP in HSCT recipients and its association with outcome. CRP levels showed associated with several outcomes, with huge variations. Although there was no cut-off point reasonable to be taken for any of these outcomes, CRP dynamic may be used as possible early red flag markers for patients more prone to complications during HSCT.

CONCLUSION

CRP levels were associated with bacteremia, mucositis grade, duration of neutropenia and hospitalization, and death. Variation in CRP from D+3 to D+6 was an interesting predictor of complications, although the best prediction of mortality was a sample collected on Day+9.

Compliance with ethical standards

Conflict of interest

The authors declare that they have no conflict of interest.

Ethics approval and consent to participate

This study was approved by institution's Ethical Committees from both centers ("Comitê de Ética em Pesquisa do Hospital Universitário Clementino Fraga Filho" – Reference Number CAAE 51013315.0.0000.5257, and "ProCEP – Comitê de Éti-

ca em Pesquisa da ESHO Empresa de Serviços Hospitalares – Hospital Pro-Cardiaco"– Reference Number CAAE 51013315.0.3001.5533). All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2008. The Ethical Committee did not request informed consent as only retrospective data were included and all details that might disclose the identity of the subjects under study should be omitted.

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TABLE 1: Characteristics of 340 autologous stem cell transplants

	N = 340
CENTER, N (%)	
1	51 (15)
2	289 (86)
CONDITIONING REGIMEN, N (%)	
MELPHALAN	211 (62)
BEAM	111 (33)
BUCYVP	10 (3)
CBV	4 (1)
OTHERS	4 (1)
FEBRILE NEUTROPENIA, N (%)	299 (88)
UNKNOWN ORIGIN	192 (64)
CLINICALLY DOCUMENTED	24 (8)
MICROBIOLOGICALLY DOCUMENTED	83 (28)
WITHOUT BACTEREMIA	3
WITH BACTEREMIA*	80
DUE TO GRAM NEGATIVE BACTERIA	35
DUE TO GRAM POSITIVE BACTERIA	46
MUCOSITIS, N=236 (%)	
MUCOSITIS > GRADE 2	171 (72)
MUCOSITIS > GRADE 3	61 (26)
DURATION OF NEUTROPENIA IN DAYS, MEDIAN (RANGE)	6 (3 – 36)
DURATION OF HOSPITALIZATION IN DAYS, MEDIAN (RANGE)	19 (8 – 64)
DEATH, N (%)	7 (2)

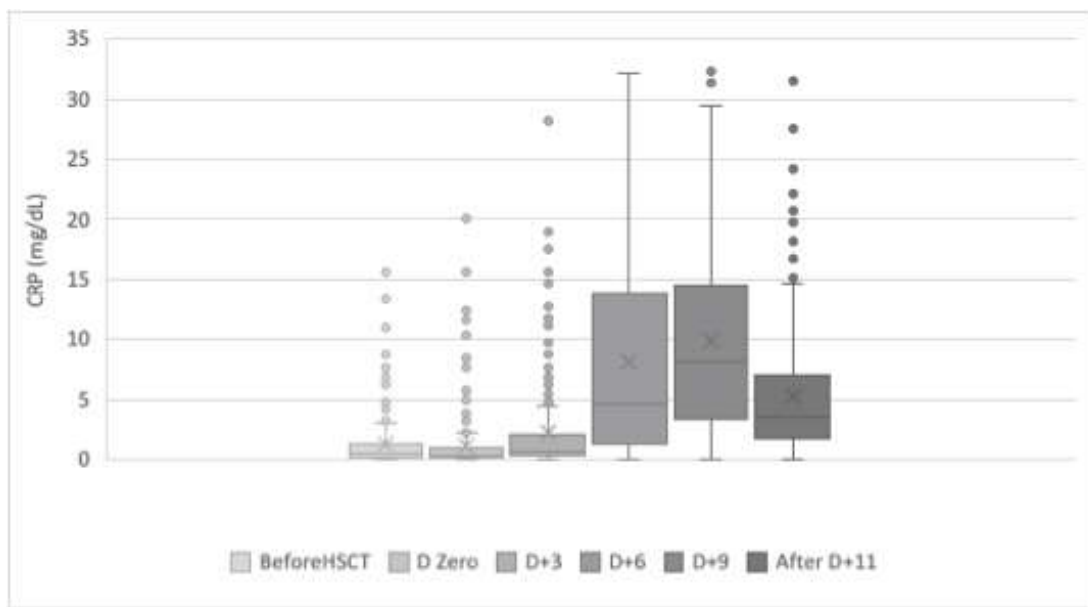
BEAM: BCNU, etoposide, cytarabine and melphalan; CBV: cyclophosphamide, carmustine and etoposide; BuCyVP: cyclophosphamide, etoposide and busulfan *One patient had both Gram-negative and Gram-positive bacteremia

TABLE 2: CRP levels according to sample collection time related to transplant

Time related to infusion (Dzero)	Median (range), mg/dL
Before HSCT, n=238	0.48 (<0.01 – 15)
D Zero, n=239	0.38 (<0.01 – 20)
D+3, n=274	0.71 (<0.01 – 28)
D+6, n=321	4.66 (<0.01 – 32,2)
D+9, n=318	8.07 (<0.01 – 32.3)
After D+11, n=276	3.49 (<0.01 – 31.5)
Onset of FN, n=298	3.30 (<0.01 – 27.2)
Engraftment, n=321	4.93 (<0.01 – 31.2)

FN: febrile neutropenia; CRP: C-reactive protein

FIGURE 1: CRP variation during autologous stem cell transplant



CRP: C-reactive protein; HSCT: hematopoietic stem cell transplant

FIGURE 2: ROC Curve showing the performance of CRP D+9 levels to predict mortality

